

Dear Coach,

You and your staff are encouraged to attend the FCPGA's "A weekend with Chris Ash - Defending the Shotgun and Pistol offense" clinic, Friday and Saturday, March 12 - 13, 2010 at Poway High School, California (North San Diego County).

The clinician is Chris Ash from Iowa State University, who was handpicked by the FCPGA because of his knowledge and communicative skills.

Each of his eighty minute sessions will allow Chris to take you through not only the schemes, but the techniques, buzzwords, and drills for the defensive line, linebackers and secondary, necessary to defend both offenses.

Last spring, Chris spent several hours with me discussing defending Shotgun and Pistol offenses and I knew what a benefit it would be for others to have the opportunity to learn from him.

Feel free to call me at (858) 748-7566 if you have any questions regarding the clinic. You do need to secure your lodging (see "Quick Facts") ASAP.

Cordially,

Bill

Bill Williams • President FCPGA



"The Finest in Football Education."

★ CLINIC AGENDA ★

Friday, March 12

4:30 pm: Registration • Visit the FCPGA tables.

6:00 pm - 7:20 pm: An overview of the "Shotgun Spread" and "Pistol" run game concepts and schematics • Understanding - reacting to multiple tempos and no huddle. Defending the "Zone Read" run game from 40 and 50 fronts.

7:40 pm - 9:00 pm: "Zone Read" run stunts, dogs, and blitzes • Don'ts in defending the "Zone Read" running game.

9:15 pm - 10:35 pm: Defending the "Shotgun" and "Pistol" counter, power, and quarterback trap running game • Don'ts in defending the counter, power, and quarterback trap.

Saturday, March 13

8:00 am: Registration • Doors open.

9:00 am - 10:20 am: Defending the "Shotgun" and "Pistol" multiple option running game • Don'ts in defending option football.

10:40 am - Noon: A look at the "Shotgun" and Pistol" play action, bubble screen off play action, bootleg and wobble passes • Do's and don'ts in defending these plays.

12:15 pm - 1:35 pm: Defending the "Shotgun" and Pistol" quick passing game and bubble screen off the quick passing game • Empty checks.

Lunch Break: On your own - Visit the FCPGA tables.

3:00 pm - 4:20 pm: Defending the "Shotgun" and "Pistol" Intermediate - deep drop back passing game.

4:35 pm - 5:55 pm: Zone and man pressures, with coverage plug-ins vs the "Shotgun" and "Pistol" intermediate - deep drop back passing game.

★ ABOUT THE CLINICIAN ★

Chris Ash, who went to five Bowl Games on the Iowa State football coaching staff between 2000 and 2005, joined the Cyclone coaching staff of Paul Rhodes as secondary coach and recruiting coordinator in January. Ash first came to Iowa State in 2000 as a defensive graduate assistant under Dan McCarney. He was promoted to secondary coach in 2002 and served in that capacity through 2006. Ash was named recruiting coordinator for that last season.

Ash's impact at Iowa State has been immediate. The Cyclone defense leads the Big 12 and ranks third in the nationally in forced turnovers (30). ISU's secondary has been a major contributor, making 14 interceptions. That figure ranks third in the Big 12 and 14th among 120 teams nationally.

The Cyclones are in the upper division of the Big 12 Conference in scoring defense. The 2009 Cyclones have held Nebraska (7), Baylor (10) and Colorado (10) to 10 points or less. It is the first time ISU has held a trio of conference opponents to 10 points or less since 1965. Once again in 2009, the Cyclones are going to a Bowl Game.

The ISU defense has been toughest in the red zone. The Cyclones rank second nationally in red zone defense. Free safety James Smith is second on the team with 88 tackled and forced three fumbles, including one near the goal line in the 9-7 victory at Nebraska.

This past season, Chris made an immediate impact at Iowa State. His Cyclone secondary units ranked among the best nationally. In 2005, Ash's secondary was part of an Iowa State defense that ranked seventh nationally with 35 turnovers. The Cyclones led the Big 12 Conference in interceptions that season with 22 picks. ISU ranked 20th nationally in pass defense in 2004.

Ash graduated from Drake in 1996, where he was the Bulldogs' defensive coordinator for two seasons. The Bulldogs won the 1998 Pioneer Conference title and ranked eighth nationally in total defense.

FCPGA "A WEEKEND WITH CHRIS ASH" CLINIC

Pre-registration form - Return with fee **March 12 - 13, 2010 • Poway H.S., Poway CA**



Name _____
School / Organization _____
* Home Address _____
City / State / Zip _____
Home Phone _____ Work Phone _____
* E-mail Address _____
Staff Attending _____

Make Checks or Money Orders Payable to:

Bill Williams

FCPGA Sgun-Pistol Defense Clinic
and mail to:

Bill Williams

FCPGA Sgun-Pistol Defense Clinic
13868 Olive Mill Way
Poway, California 92064

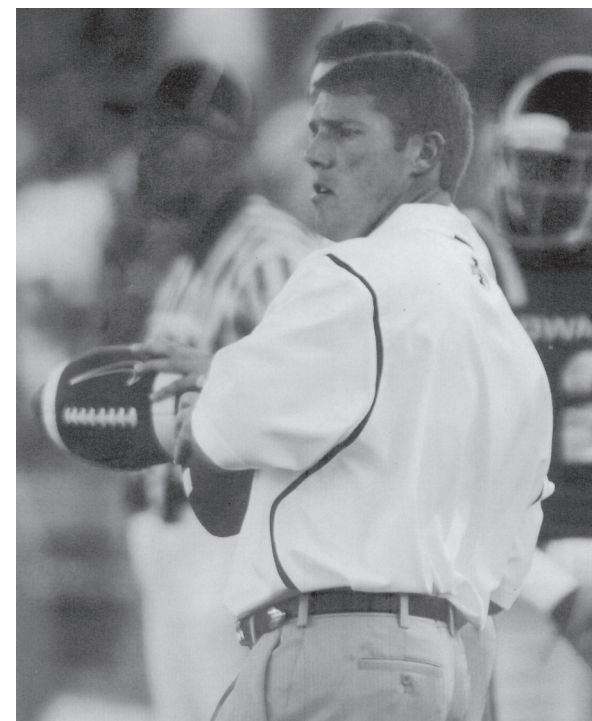
★ QUICK FACTS ★

- ★ **DAYS • DATES**
Friday - Saturday, March 12-13, 2010
- ★ **LOCATION AND DIRECTIONS**
Poway High School
15500 Espola Road
Poway, California 92064 (North San Diego County)
• Log onto mapquest.com for directions to Poway High School.
- ★ **CLINIC INFORMATION:**
Bill Williams • FCPGA Tel: (858) 748-7566
- ★ **CLINIC INVESTMENT:**
\$100.00 Per Coach, Pre-Registered and Received by March 9, 2010, payable by check, money order or cash. Any P.O.'s must be accompanied by a check. Late registration at the door is \$110.00 per coach. No Refunds.
- ★ **AIRPORT:**
San Diego Lindberg Field
- ★ **LODGING: Early reservations a must.**
 1. **Best Western Country Inn Poway, CA**
Tel: (858) 748-6320 ask for the "Bill Williams Clinic Rate". 5-6 minutes to Clinic
 2. **Ramada Inn Poway, CA**
Tel: (858) 748-7311 No special rate but reasonably priced. 8 minutes to Clinic
 3. **Holiday Inn Select, Miramar**
Tel: (858) 695-2300, 23 minutes to Clinic

NO VIDEO TAPING ALLOWED

the FOOTBALL COACHES
PROFESSIONAL GROWTH
ASSOCIATION'S

"A WEEKEND WITH CHRIS ASH DEFENSING THE SHOTGUN AND PISTOL OFFENSES" CLINIC



FRIDAY • SATURDAY

MARCH 12 - 13, 2010
Poway High School
15500 Espola Road
Poway, CA 92064
(North San Diego County)